## New Hermetics and The Star Ruby



A large number of people have expressed interest in the "Star Ruby" composed by Aleister Crowley or the traditional Lesser Banishing Ritual of the Pentagram of the Hermetic Order of the Golden Dawn, as opposed to using the non-sectarian Grounding and Centering of the New Hermetics. I tried to express in my book that it was perfectly okay to substitute whatever words a person desired, or to change any part of the program to better suit their needs. However, since there has been so much interest in the subject, I thought that I would create a "Star Ruby" within the New Hermetics inner temple, just as an example of how this sort of adaptation might be done.

However, it should be kept in mind that there are several differences in the Star Ruby that make it rather unique amongst the variations of Pentagram rituals that are out there. First, the action takes place widdershins, or counter-clockwise, rather than the usual clockwise movement of the pentagram rituals. Also, it is quite possible to interpret the elemental directions differently in the Star Ruby than those traditionally assigned to the ritual. Others might even say this is not an elemental ritual at all. I will leave the elements unchanged in this place for the sake of simplicity and clarity, but if you are familiar with another way of conducting this ritual, you can feel free to further adapt it to meet your needs. Also, rather than invoking a specific being at each of the quarters, instead you invoke the Iunges, Synoches, Teletarchai, and Daimones, all orders of beings from the Chaldean Oracles. Still, it can easily be adapted to the basic structure of the New Hermetics Grounding and Centering, and here is at least a leaping off place for interested initiates. This should not by any means be taken as scripture. It is only meant to be suggestive.

- 1. Enter the altered state.
- 2. Go to your inner temple.
- 3. Stand in the center of your inner temple and raise your right hand to your lips, sweep your arm out and back, SAYING MENTALLY (quite forcefully) "Apo Pantos Kakodaimonos!"
- 4. LOOK upward and VISUALIZE a globe of brilliant white light above you. SAY MENTALLY, "Soi..."
- 5. VISUALIZE a beam of white light emanating down from the globe of light to the top of your head. FEEL and SEE this column of light traveling blissfully down through your whole body to your groin. Touch your groin, SAYING MENTALLY, "O Phalle." VISUALIZE that this

- column of light is indeed an extension of your consciousness, a spiritual phallus connecting your body with the highest, and the highest with your body.
- 6. VISUALIZE another globe of white light forming by your right shoulder. SAY MENTALLY, "Ischuros."
- 7. FEEL and SEE another column of light emanating from the globe at your right shoulder, moving through your chest from your right shoulder to your left, and forming a fourth globe of light at your left shoulder. SAY MENTALLY, "Eucharistos" You will now have a cross of white light filling your body.
- 8. At the center of this cross of light, in your heart, FEEL and SEE a golden globe of light form. FEEL a sense of bliss emanating from this golden globe in your heart. SAY MENTALLY, "IAO."
- 9. Now LOOK toward the east of your temple ahead of you, to the yellow wall of Air. As you SEE billowing clouds of yellowish air before you, become aware of the power of your mind, the process of thinking. VISUALIZE a pentagram in your forehead, and project it at the yellow wall, MENTALLY SAYING "Therion!" As the pentagram reaches the wall, VISUALIZE the wall glowing brightly as if you've activated it. FEEL the power of air.
- 10. Now LOOK toward your left, to the north of your temple, the black wall of Earth. As you SEE rocky structures forming before you, become aware of your plans, goals and your physicality. VISUALIZE a pentagram in your forehead, and project it at the black wall, MENTALLY SAYING "Nuit!" As the pentagram reaches the wall, VISUALIZE the wall glowing brightly as if you've activated it. FEEL the power of earth.
- 11. Now LOOK toward your left, to the west of your temple behind you, the blue wall of water. As you SEE undulating waves of water before you, become aware of your emotions and feelings. VISUALIZE a pentagram, and project it at the blue wall, MENTALLY SAYING "Babalon!" As the pentagram reaches the wall, VISUALIZE the wall glowing brightly as if you've activated it. FEEL the power of water.
- 12. Now LOOK toward the south of your temple toward your right, to the red wall of fire. As you SEE burning red flames before you, become aware of your will, your passions and desires. VISUALIZE a pentagram in your forehead, and project it at the red wall, MENTALLY SAYING "Hadit!" As the pentagram reaches the wall, VISUALIZE the wall glowing brightly as if you've activated it. FEEL the power of fire.
- 13. Finishing the widdershins circle, return to the center, and give the signs of NOX (These can be found in Magick: Liber ABA, Book 4 by Aleister Crowley) while MENTALLY SAYING "Io Pan!" In this, VISUALIZE and FEEL yourself creating and embodying the existence of a Thelemic magician.
- 14. Now LOOK at the yellow eastern wall again, MENTALLY SAYING, "Pro mou Iunges!" VISUALIZING giant golden yellow beings forming in the billows of cloud in the east.

- 15. MENTALLY SAY "Opiso mou Teletarchai." VISUALIZE giant pulsing blue beings forming in the flow of water behind you in the west.
- 16. Say "Epi dexia Sunoches" VISUALIZE giant fiery red beings forming in the flames of the south.
- 17. Say, "Eparistera Daimones" VISUALIZE giant earthy black beings forming amongst the structures in the north.
- 18. VISUALIZING all that you have previously invoked, MENTALLY SAY, "Pheg ei gar peri mou o aster ton pente kai en tei stelei o aster ton hex estexe."
- 19. Repeat steps 4 to 8.
- 20. You may return to normal awareness whenever you are ready.